

Advocacy Day

We had a fabulous Advocacy Day in Olympia on February 10th—over 550 ECEAP and Head Start parents, staff and directors (and children!) traveled to Olympia, visited their legislators, and rallied on the Capitol Steps. This was our biggest Advocacy Day Ever, and was covered on KIRO-TV!



Lets Play!

Wooden Spoon People

Wooden kitchen spoon
Glue
Yarn
Buttons
Markers

1. Use a wooden kitchen spoon to make a spoon person.
2. Have your child glue yarn onto the top of the spoon to make hair and buttons to make eyes.
3. Draw a mouth and nose with markers.
4. Make several of these for a spoon family, and encourage your child to tell a story with these little people.

HAVE FUN!

Parent Ambassadors Help Save Child Care

Our voices were heard when it came down to preserving Working Connections Child Care. Instead of restricting eligibility only to families receiving TANF, families using WCCC will see higher co-payments. Families with incomes up to 175 percent of the Federal Poverty Guidelines (FPG) are still eligible for the program. However, as of February 1st co-

payments were raised \$10 a month for families with income over 82% - 175% of the FPG. Families below 82% will still pay a \$15 co-payment a month. Starting March 1st copayments will rise again by \$5 for families whose income is from 82% -137.5% of the FPG. With a new co-payment sliding scale for families with income over 137.5% -175% of the Federal Pov-

erty Guidelines.

Almost 40,000 families receive Child Care subsidies so we can work. While there is still more work to do to preserve funding for child care for another year we need to take the time and thank our champions for coming through for us. Sen. Majority Leader Lisa Brown and Rep. Ruth Kagi deserve special praise.

2011 Parent Ambassadors-Welcome!

WSA Head Start and ECEAP welcome this years Parent Ambassadors. Congratulations to Stephanie Bates, Jennifer DeHaan, Catrina Dodson, Rebecca Gallegos, Christina Garza, Angelica Gonzalez, Lisa Grenia, Sonja Lennox, Shawna Macgaba, John McClure, Amanda

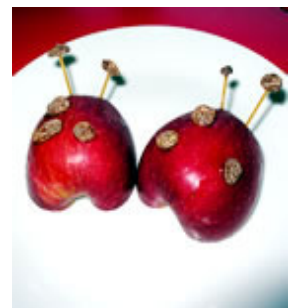
Mierndorf, Eula Motelet, Daralyn Nichols, Amanda Pope, Jessica Powers, Misti Shapansky, Surina Warren-Nash, and Desiree Zabel. PA3 has gotten off to a great start already! Right after their first face to face meeting in early January they led the way in an up hill battle to help

save Working Connections Child Care for thousands of working families across the state of Washington, by sharing their story with their law makers. Be on the look out for Action alerts for ways that you too can use your voice!

Snack Time Ready in 10 mins

Ingredients

- 2 red apples
- 1/4 cup raisins



- 1 tablespoon peanut butter
- 8 thin pretzel sticks

1. Slice apples in half from top to bottom and scoop out the cores using a knife or melon baller. If you have an apple corer, core them first, then slice. Place each apple half flat side down on a small plate.

2. Dab peanut butter on to the back of the 'lady bug', then stick raisins onto the dabs for spots. Use this method to make eyes too. Stick one end of each pretzel stick into a raisin, then press the other end into the apples to make antennae.

Enjoy!

Special thank you to The Peppercorn Foundation for making Parent Ambassadors Possible.