



WSA Washington State Association of Head Start & ECEAP

*Serving ECEAP, Head Start, Migrant Head Start,
Tribal Head Start and Early Head Start
Programs and Families*



Parent Leadership Conference

February 28-March 1, 2011

It's time again for the Parent Leadership Conference—this time focused more on developing key leadership (and life!) skills for parents. This training will be very interactive, so parents will get a lot of practice with their developing skills!

Who's invited: HS/ECEAP Parents and Staff

When: February 28-March 1

Where: Red Lion Fifth Avenue, Seattle, 1-800-RedLion, 1-206-971-8000

Cost: \$155 registration, \$139 +tax room (Deadline 2/15)

Registration available: http://www.wsaheadstarteceap.com/policy_council.html

Agenda:

Feb 28, 9:00 am – 5:00 pm (lunch and snacks included)

March 1, 8:30 am – 3:00 pm (breakfast, lunch and snacks included)

Curriculum includes:

- **Communications and Collaboration Training** – What is your communications style? How can you most effectively work in a group? How can you help meetings run smoothly? How do you work with others to develop goals and plans that are clear, achievable, and will be completed successfully?
- **Negotiation and Conflict** – Being able to master the skills of negotiation and conflict resolution is one key to success in all areas of human interaction – work, school, and home. Parents will get some hands-on practice with these skills, based on common scenarios.
- **Advocacy** – Effective advocacy, whether it is with an elected official, with your child's teacher or with your boss, is about building relationships and understanding how to clearly convey your message in a way that is also clear to the listener. Parents will hone their communication skills, learning how to craft messages that resonate with their listeners.
- **The Road to Self Sufficiency** – Learning the skills required to be self-sufficient is a fundamental goal of Head Start and ECEAP. Parents will emerge with new plans and ideas to help their family meet their goals.